



## Family Partnership Program Calendar December 2022



Mon	Tue	Wed	Thu
			1
 <p style="text-align: center;"><b>THE POLAR EXPRESS</b>  <b>Participant Holiday Parties</b>  <b>Wednesday 12/7 &amp; Thursday 12/8</b>  <b>9:30am- 1:00 pm</b></p>			9:15 PACT 10-12 ESL 10-12 GED  1-3 Peer Recreation & Support * Holiday Party Decorations
5	6	7	8
9:15 PACT- Bookmobile 10-12 ESL 10-12 GED 1-3 Holiday Party Food Prep * 2-3 Jobs & Careers	9:15 PACT- Bookmobile 10-12 ESL 10-12 GED 1-3 Holiday Party Food Prep * 2-3 Jobs & Careers 6-8 Empowering Mothers Responsible Fathers	<b>Participant Holiday Party</b> <b>9:30am-1:00pm</b> <b>LUNCH WILL BE PROVIDED</b>	<b>Participant Holiday Party</b> <b>9:30am-1:00pm</b> <b>LUNCH WILL BE PROVIDED</b>
12	13	14	15
9:15 PACT- Notable Progressions 10-12 ESL 10-12 GED 1-3 Art for Wellness * Painting with Yok Ling	9:15 PACT- Notable Progressions 10-12 ESL 10-12 GED 1-3 Art for Wellness * Painting with Yok Ling 6-8 Empowering Mothers Responsible Fathers	9:15 PACT 10-12 ESL 10-12 GED 1-3 Seasons of Healing with Inner Evolution *	9:15 PACT 10-12 ESL 10-12 GED 1-3 Seasons of Healing with Inner Evolution *
19	20	21	22
9:15 PACT- Bookmobile 10-12 ESL 10-12 GED 1-3 Parent Leadership Recognitions & Rewards 1-2 Youth Leadership & Rewards 2-3 Life Lessons	9:15 PACT- Bookmobile 10-12 ESL 10-12 GED 1-3 Parent Leadership, Recognitions & Rewards 1-2 Youth Leadership & Rewards 2-3 Life Lessons 6-8 Empowering Mothers Responsible Fathers	<p style="text-align: center;"><b>Winter Break</b>            No Classes or Activities</p> 	
26	27	28	29
<p style="text-align: center;"><b>Winter Break 12/21/22- 1/3/23</b>  <b>No Classes or Activities</b>  <b>Programs Resume on Wednesday, January 4<sup>th</sup></b></p>			

\* Open to All Participants



**Maryland Family Network**  
**Leading Maryland's Family**  
**Support Centers**

# Family Partnership Activity Descriptions

~ Daytime Services ~

## **Education Services**

Classroom instruction and tutoring for GED students and classroom instruction for English as a Second Language (ESL) learners. Virtual High School computer-based instruction support. Limited options for youth under the age of 18 years old.

## **Employment Services**

Group and individual activities designed to prepare participants with job and career goals to succeed in career exploration, job search, employment attainment and career advancement. Participants complete applications, resumes, cover letters, informational interviews and mock interviews, etc. Opportunities are also available for job shadowing. In addition, related workshops are offered in the areas of Entrepreneurship, Financial Literacy & Key Soft Life Skills.

## **Learning Lab**

Computer- assisted learning opportunities to increase basic skills, improved skills to prepare to take the GED test including the use of GED Academy; complete high school via the Virtual High School; prepare for college and or increase skills for English Language Learners with various software programs. Opportunities to complete career assessments; develop and increase skills related to getting and keeping a job; participate in career exploration and job search using workshop and internet resources; and skill building in the use of computer applications such as Word and Excel. The lab is available from 9am-3pm.

## **Leadership & Parent Advisory Meetings**

Workshops and activities to provide opportunities for character development, peer learning and leadership development designed to give participants a voice in the management and design of FP's programs and services while building advocacy and effective communication skills, critical thinking skills, accountability and responsibility. Other areas of skill building include daily living, interpersonal skills, decision making, conflict resolution, self-advocacy, and other important aspects of life management while concurrently extending academic learning.

## **Nurturing Parenting**

A curriculum and evidence-based parent education program is offered in sessions of nine to eleven classes that focus on the core areas of child development, brain development, empathic parenting, positive discipline, self-esteem, empowerment and healthy family relationships.

## **Health Education**

Workshops on health-related topics important to the well-being of children, youth and families, including workshops on preventive health, reproductive health, child and family health and healthy lifestyles. These workshops are sometimes integrated into leadership and parent education activities.

~ Evening Services ~

## **Empowering Mothers (EM) & Responsible Fathers (RF)**

An eleven-week parent education and support group that meets on Tuesday evenings. EM and RF classes are for expectant, custodial and non-custodial parents focused on the principles of Nurturing Parenting and the core areas of child development, brain development, empathic parenting, positive discipline, self-esteem, empowerment and healthy family relationships, and challenges such as child support, visitation and co-parenting.

*\*Certain programs and services are funded by Community Foundation of Frederick County or the Safe and Stable Families grant through FCDSS\**

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